



**Celebrate.
Remember.
Fight Back.®**

What to bring to Relay

Be sure to come to Relay prepared! Here is a list that teams should have handy on the day:

- Hat, sunglasses, sunscreen and lip balm
- Umbrellas (and raincoats in case it rains)
- Your Relay for Life shirt
- Comfortable running/walking shoes
- A change of clothes
- Folding chairs
- Team costumes
- Money and loose change
- Camera to capture those special moments
- Your team!
- Candle with holder for protector for the Luminaria Ceremony

What not to bring

- Pets
- Bikes, scooters
- Your donation sheets (please drop these off either before or the day after Relay)
- Glass
- Remember, Relay For Life is a smoke-free & alcohol in moderation event.